

Rock-It Baseball Academy
 P.O. BOX 62295
 COLORADO SPRINGS, CO 80962
 Tel: 719-648-3415 ; Fax: 719-785-5721

Web Site: www.rockitbaseball.org

“Because Baseball is for everyone
 who has the will to Play.”

Rock-It Baseball Academy

Presents

◆◆◆ *Baseball Fundamentals for* ◆◆◆ ◆◆◆ *Juniors Division* ◆◆◆

To register, visit <http://www.rockitbaseball.org/clinics.html> or call 648-3415 for more info.

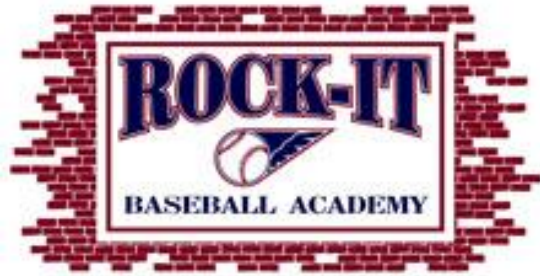
Skill Level	Total Cost	Dates and Times	Location
Ages 12-14 who have played Minors or Majors Little League	6 hours - \$85 8 hours - \$110	See website	See website

WHO: This clinic is designed for 12-14 year olds entering the Junior (13-14) Division of Little League, Pony League, or Babe Ruth baseball or those who have completed one year of Juniors Division baseball. This clinic is limited to 20 players to ensure quality results.

WHAT: Led by Coach Sparky, this clinic is divided into either two 3-hour sessions (total of six (6) hours) or four 2-hour sessions (total of eight (8) hours) of training on the changes in rules, techniques, and strategies at the Junior Division level. Special focus will be placed on leadoffs, base-stealing, pickoffs, fielding, cutoffs, and a review of baseball fundamentals (mechanics, footwork, and technique) – all on a Junior’s size baseball field (80/90’ bases vs 60’ bases and 54’/60’6” vs 46’ pitching distance). The jump in field size has a tremendous impact on incoming 13 year olds. The goal of this clinic is to prepare players for Junior Division baseball. Instruction is based on Coach Sparky’s Sports Life Integration Curriculum and will integrate our STAR* Life Skills development into your training. Simulated game situations and scrimmages will reinforce the baseball concepts taught and will improve retention. By using various age-appropriate drills and teaching strategies, this clinic will develop confidence in each student as they learn to master baseball fundamentals in a fun environment.

*STAR Life Skills are: Sportsmanship, Teamwork, Attitude and Respect. These are foundational in Life Skills development.

Rock-It Baseball Academy: is a non-profit Corporation founded by Coach Sparky, a former Academy Little League Board member and Coach/Manager in Little League. Our Philosophy is that “Baseball is for everyone who has the will to play.” Our Mission is to “prepare kids for



**“Prepared for Baseball and
Life with Rock Solid Skills.”**

**Rock-It Baseball Academy
P.O. BOX 62295
COLORADO SPRINGS, CO 80962
Tel: 719-648-3415 ; Fax: 719-785-5721**

Web Site: www.rockitbaseball.org

**“Because Baseball is for everyone
who has the will to Play.”**

Baseball and Life with Rock Solid Skills.” We are dedicated to providing affordable and outstanding Baseball and Life Skills instruction to the youth of Colorado Springs through specialty clinics and baseball programs, partnering with top instructors as appropriate. We are in the business of developing and preparing players for the next level of play, especially preparing kids for Little League.